

Co-organized by



Division of Respiratory Medicine  
Department of Medicine  
The University of Hong Kong



Ho Ting Sik Sleep Disorders Centre  
Queen Mary Hospital

# Sleep Symposium 2013

Date : 28th September 2013 (Saturday)

Venue: Underground Lecture Theatre, New Clinical Building, Queen Mary Hospital

## AM

08:45	Registration	
09:00	Opening Remarks	Professor Mary Ip
09:10	Excessive Daytime Sleepiness and OSA	Dr Jamie Lam
09:40	Trouble Shooting in Polysomnography	Ms Michelle Cheong
10:10	How to improve CPAP acceptance and adherence	Ms Agnes Lai

Tea break (10:40 – 11:10, Foyer, Underground Lecture Theater,  
New Clinical Building, Queen Mary Hospital)

11:10	Insights into OSA	Professor Ferran Barbe
11:40	Treatment of Sleep Apnea – Practical Advances	Professor Mary Ip
12:10	REM Sleep Behaviour Disorders	Dr Joyce Lam

Lunch (12:40 – 14:00, Mei Sin Court, nursing quarter, Queen Mary Hospital)

## PM

14:00	OSA and Cancers	Professor Ferran Barbe
14:30	Non-REM Parasomnias	Dr Joyce Lam
15:00	Insomnia – Cognitive Behavioral Therapy	Dr Sammy Cheng
15:30	Clinical Sleep Rounds	Dr Jamie Lam
16:00	Closing Remarks	Professor Mary Ip

# Registration Form

## Personal Details

Name: Professor / Dr. / Mr. / Ms. \_\_\_\_\_

Department: \_\_\_\_\_

Hospital / Clinic: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

## Registration Fee

Symposium  HK\$1,000

## Registration Payment

Please complete the registration form, make cheque payable to "The University of Hong Kong" and mail it to Ms. Agnes Lai at "Room 804, Administrative Block, Department of Medicine, Queen Mary Hospital, Hong Kong" before 15th September 2013 (First-come-first-served)

I enclose a cheque in the sum of HKD \_\_\_\_\_ as the registration fee

Issuing Bank: \_\_\_\_\_

Cheque No: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Academic Accreditations

CME, CNE, CEC applications are in progress

### Certificate

Participants will receive a certificate of attendance.

### Remarks

A reply slip will be sent for confirmation

### **Enquiry**

*Ms. Agnes Lai*

*Tel : (852) 2255 5886*

*Fax : (852) 2904 9443*

*Email : agneslai@hku.hk*

Cancellation should be made in writing to Ms. Agnes Lai on or before 15th September 2013, no refund thereafter