



Conference Information

2015/8/25 Update

會議名稱	International Conference on Nutrition and Physical Activity 2015 (NAPA2015) - 2015 年營養及運動國際會議		
會議時間	2015 年 10 月 21 日(三) 至 10 月 24 日(六) 共 4 天		
舉辦國家	台灣 · 台北		
會議地點	集思台大會議中心 台北市大安區羅斯福路四段 85 號		
大會語言	英文		
會議主題	Healthy Lifestyle to Improve Quality of Life		
大會網站	http://www.napa2015.org.tw		
主辦單位	台灣食品保護協會(Taiwan Association for Food Protection, 簡稱 TAFP) 台灣運動營養學會(Taiwan Society for Sports Nutrition, 簡稱 TSSN)		
協辦單位	<p>行政院農業委員會農業試驗所、財團法人國家衛生研究院、衛生福利部國家中醫藥研究所、台灣食品產業發展協會、國家食品安全教育暨研究中心、台灣大學食品與生物分子研究中心、台灣大學食品科技研究所、台灣食品科學技術學會、台灣保健食品學會、台灣農業化學會、台灣營養學會、台灣國際生命科學會、社團法人台北市營養師公會、中華民國營養師公會全國聯合會、台灣生物精神醫學暨神經精神藥理學學會、臺灣憂鬱症防治協會、台灣精神醫學會、中華民國健身運動協會、中華全民運動健康管理協會、台灣運動生理暨體能學會、臺灣運動心理學會、中華民國運動教練學會、台灣大學健康科學與生活研究中心、社團法人台灣連鎖加盟促進協會、中華民國肥胖研究學會、海峽兩岸學術文化交流協會 保健食品研究會、台北市進出口商業同業公會、國立臺灣師範大學健康促進與衛生教育學系、台灣營養基金會、台灣茶協會、財團法人食品工業發展研究所、社團法人國家生技醫療產業策進會、社團法人中華食品安全管制系統發展協會、財團法人董氏基金會、中華民國重症醫學會、台灣呼吸治療學會、社團法人中華民國呼吸治療師公會全國聯合會、社團法人台灣長期照護專業協會、台灣靜脈暨腸道營養醫學會。</p>		
活動內容	專家學者專題演講、學術研究論文之海報展示、贊助廠商攤位展示		
出席對象	政府單位、國內外食品營養/運動治療/心理相關領域之學術與業界人士		
講者人數	講者人數：32 位		
與國別數	國別數：20 國		



Conference Theme & Topics

Theme: Healthy Lifestyle to Improve Quality of Life

Area 1: Nutrition

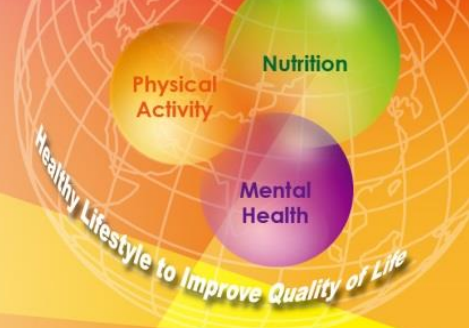
- Nutrition and Obesity
- Nutrition and Cancer
- Nutrition and Aging
- Nutrition and Mental Health
- Preventive Medicine and Health Food

Area 2: Physical Activity

- Taichi and Health
- Aerobic Exercise and Healthcare
- Weight Training Exercise and Health
- Physical Performance and Nutrition

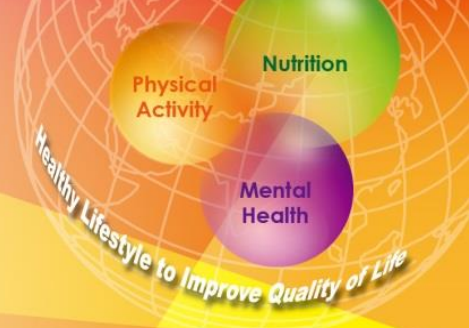
Area 3: Mental Health

- Mental Health and Diet
- Mental Health and Meditation
- Mental Health and Pressure
- Prevention of Mental Disorders
- Mental Status and Physical Performance



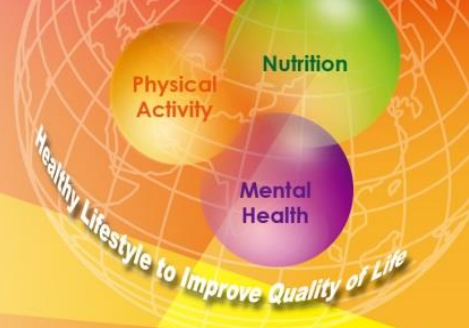
Program Agenda

Time	Wednesday 21 October 2015
14:00	Registration
18:00	Welcome Reception
Time	Thursday 22 October 2015
09:00-09:30	Opening Ceremony
Session I	
09:30-10:45	Nutrition: Immunity, Cancer, Aging Dr. Edwin L. Cooper (USA) Prevention of Mental Health Problems in the Elderly Dr. Janna Glozman (Russia) Dietary Fats and the Hypothalamic Regulation of Energy Homeostasis Dr. Anna Walczewska (Poland)
10:45-11:00	Coffee Break
Session II	
11:00-12:40	Problems of Mental Health of Abandoned Children Dr. Liudmila Obukhova (Russia) To Be Determine Dr. Yong Sang Song (Korea) Lipids, Lipoproteins, and Exercise: What's Old, What's New, and What to Do? Dr. Larry Durstine (USA) Targeting Mitochondria for Preventing and Treating Metabolic Syndrome with Natural Compounds from Food and Nutrition Dr. Jiankang Liu (USA)
12:40-14:30	Lunch Symposium & Poster Viewing Healthy Active Lifestyle with Good Nutrition Dr. Gary W. Small (USA)



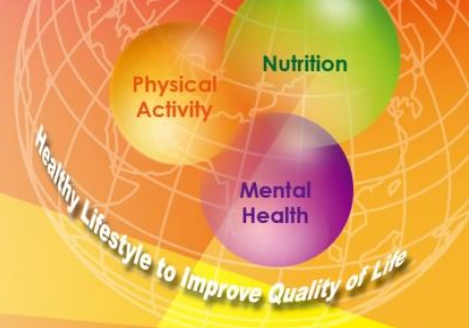
Program Agenda

Time	Thursday 22 October 2015
Session III	
14:00-15:15	<p>Nutritional Modulation of Redox and Inflammatory Signaling Dr. Young-Joon Surh (Korea)</p> <p>Physical Activity and Healthcare: Capturing the Potential or Creating a Problem Dr. Ian Culpan (New Zealand)</p> <p>Brain Breaks: Connection of Cognitive Learning and Physical Activity for Children in the Classroom Dr. Ming-Kai Chin (USA)</p>
15:15-15:30	Coffee Break
Session IV	
15:30-16:45	<p>Today's, Life and Needs in Elderly People Status Dr. Liana Monica Deac (Romania)</p> <p>Exercise and Metabolic Disease Dr. Naruemon Leelayuwat (Thailand)</p> <p>Health Requirements in the Intensive Care Units for the Mental Health Prevention and Quality of Life Promotion: A Point of View from Hospital Pedagogy Dr. Veronica Violant (Spain)</p>
Time	Friday 23 October 2015
Session V	
09:00-10:45	<p>Bioactive Eicosanoids in Inflammation and Breast Cancer Dr. Samar Basu (Sweden)</p> <p>The Potential Usage of Bee Product for Reducing the Adverse Effects Induced by High Intensity Exercise on Bone and Reproductive Hormones Dr. Foong Kiew Ooi (Malaysia)</p> <p>Natural Remedies for Mental Health Dr. David Mischoulon (USA)</p>
10:45-11:00	Coffee Break



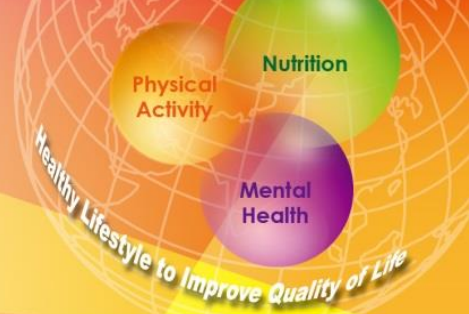
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Time	Friday 23 October 2015
Session VI	
11:00-12:40	<p>Energy Expenditures During Exercise in Pregnant Women During Three Trimesters Dr. Rungchai Chaunchaiyakul (Thailand)</p> <p>Crosstalk between Cell Death Modalities as a Pharmacological Target Dr. Marc Diederich (Korea)</p> <p>New Developments of Anti-inflammatory Drugs in the Treatment of Neurodegenerative Diseases Dr. Cai Song (Canada)</p> <p>Exercise-induced Mitochondrial Homeostasis Relates Myokine (IL-6) Biological Effects in Muscle Dr. Yong Zhang (China)</p>
12:40-14:00	<p>Lunch Symposium & Poster Viewing Fukushima Challenge for the Future Dr. Kazuhiko Ono (Japan)</p>
Session VII	
14:00-15:15	<p>Exercise-induced Mitophagy in Mitochondrial Adaptation and Benefits to Health Dr. Zhen Yan (USA)</p> <p>Efficacy of Tai Chi Training to Alleviate Insomnia in Older Adults Dr. Parco M Siu (Hong Kong)</p> <p>Personalize Medicine with Omega-3 Fatty Acids for Depression Dr. Kuan-Pin Su (Taiwan)</p>
15:15-15:30	Coffee Break
Session VIII	
15:30-16:45	<p>Instability Resistance Training for Health and Performance Dr. Erika Zemkova (Slovakia)</p> <p>Resveratrol – A Relevant Modulator of Mitochondrial Activity? Dr. Ole Vang (Denmark)</p> <p>Cutting Edge Evidence of Omega-3 Fatty Acids for Posttraumatic Stress Disorder Dr. Yutaka Matsuoka (Japan)</p>



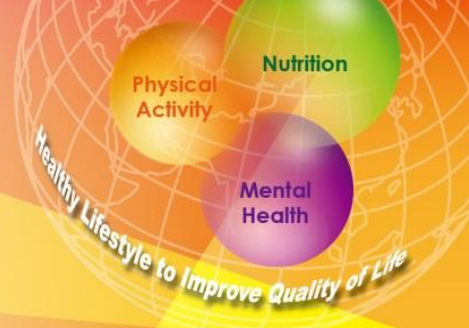
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Time	Friday 23 October 2015
18:00	Gala Dinner
Time	Saturday 24 October 2015
Session IX	
09:30-10:45	<p>Applied Body Composition in Physical Activity and Sport Dr. Hans De Ridder (South Africa)</p> <p>Chemopreventive Effects of Curcumin on Gastric Carcinogenesis Dr. Hye-Kyung Na (Korea)</p> <p>The Powers of Dance Movement Therapy Dr. Sharon Phelan (Ireland)</p>
10:45-11:00	Coffee Break
Session X	
11:00-12:40	<p>The Hospital Education with Students in Mental Health Disorders Dr. Sylvia Riquelme Acuna (Chile)</p> <p>Youth Resistance Training: Are There Any Health Benefits? Dr. Dario Novak (Croatia)</p> <p>Bioactive Lipids and the Prevention of Fatty Liver and Metabolic Syndrome Dr. Teruyoshi Yanagita (Japan)</p>
12:40-13:00	Closing Ceremony
14:00-17:30	Field Trip



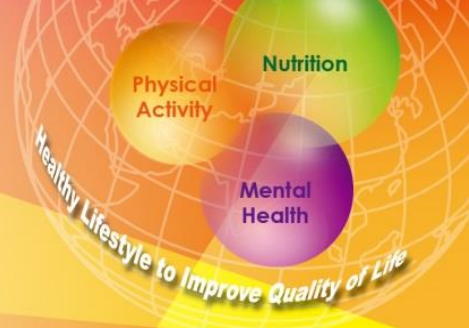
Invited Speakers

No.	Photo	Name	Country	Degree/Position/Organization
1		Edwin L. Cooper	USA	Ph.D. Distinguished Professor Professor Laboratory of Comparative Immunology David Geffen School of Medicine Department of Neurobiology at University of California Los Angeles
2		Janna Gluzman	Russia	Ph.D., D.Sc., Professor, Emerite Scientist Psychology Department, Moscow State University Scientific Director, Moscow Research Center of Developmental Neuropsychology
3		Anna Walczewska	Poland	MD. Ph.D Professor Head of Department The Cell-to-Cell Department
4		Liudmila Obukhova	Russia	Ph.D., D.Sc Professor Head, Department of Developmental Psychology Moscow State University of Psychology and Education
5		Yong Sang Song	Korea	M.D., Ph.D. Professor and Chair Department of Obstetrics and Gynecology, College of Medicine, Seoul National University South Korea
6		Larry Durstine	USA	Ph.D. Editorial Board for the Journal of Sport and Health Science Past-President, American College of Sports Medicine (ACSM) Distinguished Professor Department of Exercise Science University of South Carolina
7		Jiankang Liu	USA	Ph. D. Professor and Dean Center for Mitochondrial Biology and Medicine, School of Life Science and Technology, and Frontier Institute of Life Science, Frontier Institute of Science and Technology, Xi'an Jiaotong University, Xi'an 710049, China and School of Pharmacy, University of Southern California, Los Angeles, CA,
8		Young-Joon Surh	Korea	Ph.D. Director and Professor Tumor Microenvironment Global Core Research Center Seoul National University
9		Ian Culpan	New Zealand	Ph.D. Director of the New Zealand Centre for Olympic Studies Trustee of the International Alpha Upsilon Chi President Oceania Region Federation Internationale d'Education Physique (FIEP) School of Sport and Physical Education University of Canterbury



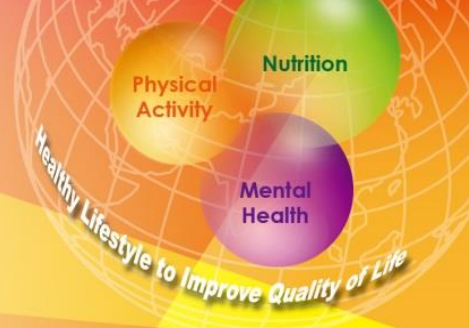
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No.	Photo	Name	Country	Degree/Position/Organization
10		Ming Kai Chin	USA	Ph.D. Former President, Asian Council of Exercise & Sports Science (ACCESS) Vice President, Global Affairs & Research HOPSports, Inc.
11		Liana Monica Deac	Romania	M.D., Ph.D. Professor /Senior Epidemiologist and Researcher Public Health Institute Cluj/ Ro Epidemiology Department Babes Bolyai University, Cluj Biology Faculty
12		Naruemon Leelayuwat	Thailand	Ph.D. Associate Professor Director of Exercise and Sport Sciences Program, Head of Exercise, Sport and Nutrition Sciences Research Group, Khon Kaen University Department of Physiology, Faculty of Medicine, Khon Kaen University
13		Veronica Violant Holz	Spain	Ph.D. Professor Department of Didactic and Educational Organization Faculty, Education University of Barcelona
14		Samar Basu	Sweden	Ph.D. Professor and Senior Scientist Chaire d'Excellence, Professor of Biochemistry and Inflammation Department of Biochemistry, Molecular Biology and Nutrition, Universite d'Auvergne, Clermont-Ferrand, France, and Faculty of Medicine, Uppsala University
15		Ooi Foong Kiew	Malaysia	Ph.D. Lecturer Sport Science Unit, School of Medical Sciences, Universiti Sains Malaysia, Kubang Kerian, Kelantan,
16		David Mischoulon	USA	M.D., Ph.D. Associate Professor of Psychiatry Director of Research, Depression Clinical and Research Program Department of Psychiatry, Massachusetts General Hospital, Harvard Medical School
17		Rungchai Chaunchaiyakul	Thailand	Ph.D. Deputy Dean, Research, Academic Services College of Sports Science and Technology Mahidol University
18		Marc Diederich	Korea	Ph.D. Associate Professor College of Pharmacy Seoul National University
19		Cai Song	Canada	Ph.D. Professor Institute for Marine Drugs and Nutrition, Guangdong Ocean University, CHINA Graduate Institute of Neural and Cognitive Sciences, China Medical University, TAIWAN








Invited Speakers

No.	Photo	Name	Country	Degree/Position/Organization
20		Yong Zhang	China	Ph.D. Director, Vice-President Tianjin Key Lab of Exercise Physiology and Sports Medicine, Tianjin University of Sport, Tianjin China
21		Zhen Yan	USA	Ph.D. Associate Professor of Medicine Director, Center for Skeletal Muscle Research at the Robert M. Berne Cardiovascular Research Center University of Virginia School of Medicine/Medicine
22		Parco Siu	Hong Kong	Ph.D. Associate Professor Department of Health Technology and Informatics, Faculty of Health and Social Sciences, The Hong Kong Polytechnic University
23		Kuan-Pin Su	Taiwan	M.D., Ph.D. Professor of Psychiatry & Neural and Cognitive Sciences Director of Mind-Body Interface Laboratory (MBI-Lab) China Medical University & Hospital TAIWAN Honorary Faculty of Institute of Psychiatry-King's College London UK
24		Erika Zemkova	Slovakia	Ph.D. Hamar Diagnostic Center Faculty of Physical Education and Sports Comenius University
25		Ole Vang	Denmark	Ph.D. Associate Professor Department of Science, Systems and Models Roskilde University
26		Yutaka Matsuoka	Japan	M.D., Ph.D. Director of the Department of Clinical Epidemiology Translational Medical Center National Center of Neurology & Psychiatry
27		Hans De Ridder	South Africa	Ph.D. Past President, ISAK President, GoFPEP 2014 Director, School of Biokinetics, Recreation and Sport Science North-West University-Potchefstroom
28		Hye-Kyung Na	Korea	Ph.D. Assistant Professor Department of Food & Nutrition, Sungshin Women's University
29		Sharon Phelan	Ireland	Ph.D. Lecturer in Dance Department of Social Sciences Institute of Technology



Invited Speakers

No.	Photo	Name	Country	Degree/Position/Organization
30		Sylvia Riquelme Acuna	Chile	Ph.D. President Educational Foundation Carolina Labra Riquelme The University of Santiago
31		Dario Novak	Croatia	Ph.D. Secretary General, FIEP (Europe) Faculty of Kinesiology University of Zagreb
32		Teruyoshi Yanagita	Japan	Ph.D. Dean, Professor and Director Faculty of Health and Nutrition Sciences Nishikyushu University
33		Gary W. Small	USA	M.D., Ph.D. Director, Geriatric Psychiatry Memory and Aging Research Center Professor, Psychiatry and Biobehavioral Sciences
34		Kazuhiko Ono	Japan	Director General Agriculture, Forestry and Fishery Department Fukushima Prefectural Government