

衛福部臺南睡眠中心 104 年讀書報告課表

(YouTube 超連結網址)

月份	主題	報告者
3	1. Sleep Mechanisms and Phylogeny(Ch 7 -10) https://www.youtube.com/watch?v=8DaFxbPJ69s 2. 生理校正對記錄品質與雜訊的影響 https://www.youtube.com/watch?v=L5AS1Q3lVmW	1. 廖筱蓁 (耳鼻喉科醫師) 2. 林文貴 (睡眠技師)
4	1. Physiology in sleep(Ch 17- 23) https://www.youtube.com/watch?v=sDIIGZBA5aI 2. Principles and basic science of pediatric sleep medicine(Ch 1-5) https://www.youtube.com/watch?v=6xX2k2yleoE 3. Obstructive sleep apnea during REM sleep and hypertension https://www.youtube.com/watch?v=nMZozAnh8kE	1. 鄭人碩 (胸腔內科醫師) 2. 廖筱蓁 (耳鼻喉科醫師) 3. 陳逸燕 (胸腔內科醫師)
5	1. Physiology in sleep(Ch 24- 30) https://www.youtube.com/watch?v=iy8aeEjsr5g 2. Principles and basic science of pediatric sleep medicine(Ch 6-9) https://www.youtube.com/watch?v=hr3InO6Nblc 3. Oral appliance therapy in the treatment of snoring and obstructive sleep apnea https://www.youtube.com/watch?v=JWg4EqnPsBc 4. 阻塞型睡眠呼吸中止症之牙科協同治療 https://www.youtube.com/watch?v=afw6fcUUL5Q	1. 許家輔 (胸腔內科醫師) 2. 鄭人碩 (胸腔內科醫師) 3. 林政佑 (耳鼻喉科醫師) 4. 黃瀞儀 (牙科醫師)
6	1. Pharmacology(Ch 42- 46) https://www.youtube.com/watch?v=GuHCjdRnoKc 2. intermittent hyoxemia and obstrvuctive sleep apnea https://www.youtube.com/watch?v=_YwRoOkBdZw	1. 廖筱蓁 (耳鼻喉科醫師) 2. 蘇柏嵐 (胸腔內科醫師)
7	1. Impact, Presentation, and Diagnosis(Ch 56- 63) https://www.youtube.com/watch?v=fcpcZLJqWIk 2. Sleep and breathing disorder (Ch23-27)	1. 鄭人碩 (胸腔內科醫師) 2. 許家輔

	https://www.youtube.com/watch?v=P7d7-EdsEgM	(胸腔內科醫師)
8	<p>1. Occupational sleep medicine (Ch 64- 74) https://www.youtube.com/watch?v=Yz3fx0MG7ZI</p> <p>2. Exercise End -Tidal CO₂ Predicts Central Sleep Apnea in Patients With Heart Failure https://www.youtube.com/watch?v=QaXoTqFwsY0</p>	<p>1. 許家輔 (胸腔內科醫師)</p> <p>2. 廖信閔 (胸腔內科醫師)</p>
9	<p>1. Sleep medicine in the elderly(Ch 133- 136) https://www.youtube.com/watch?v=J4XkEaDRuro</p> <p>2. Sleep and breathing disorder (Ch28- 32) https://www.youtube.com/watch?v=D96hM5Ptf0I</p> <p>3. 睡眠障礙相關之神經心理功能檢查/治療 https://www.youtube.com/watch?v=r0ULVJeIGE0</p>	<p>1. 廖筱蓁 (耳鼻喉科醫師)</p> <p>2. 許家輔 (胸腔內科醫師)</p> <p>3. 呂宗樺 (精神科醫師)</p>
10	<p>1. Women's health(Ch 137- 140)</p> <p>2. The longitudinal course of sleep timing and circadian preference in adults with bipolar disorder https://www.youtube.com/watch?v=zqjbH6rnrgI</p>	<p>1. 鄭人碩 (胸腔內科醫師)</p> <p>2. 黃智群 (精神科醫師)</p>
11	<p>1. Methodology(Ch141- 144) https://www.youtube.com/watch?v=US_8FEh18qE</p> <p>2. Sleep and breathing disorder (Ch33-38) https://www.youtube.com/watch?v=h6oGM-HPDXc</p>	<p>1. 許家輔 (胸腔內科醫師)</p> <p>2. 鄭人碩 (胸腔內科醫師)</p>
12	<p>1. Methodology(Ch145- 149) https://www.youtube.com/watch?v=6UiZ5B9AxtI</p> <p>2. How to interpret the sleep report?</p>	<p>1. 廖筱蓁 (耳鼻喉科醫師)</p> <p>2. 林政佑 (耳鼻喉科醫師)</p>