

投稿

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項目類別：

- ☐ Sleep Physiology,
- ☐ Sleep Monitoring,
- ☐ Circadian Rhythm Disorders,
- ☐ Insomnia,
- ☒ Sleep-disordered Breathing,
- ☐ Sleep and Neurological Disorders,
- ☐ Sleep and Psychiatric Disorders,
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摘要類別：☒ 原著研究摘要 ☐ 個案報告

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是否申請論文獎：☒ 是 ☐ 否

Altered miR-21-5p and miR-23a-3p expressions in obstructive sleep apnea modulates cell apoptosis by targeting pro-inflammatory genes

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Background: The purpose of this study is to explore the anti-inflammatory role of microRNAs (miR)-21/23/146a/150/155 targeting the toll-like receptor pathway in response to chronic intermittent hypoxia with re-oxygenation (IHR) injury in patients with obstructive sleep apnea (OSA).

Methods: Gene expression levels of the five miRs, TLR2/4/6, and their down-stream mediators were assessed by quantitative RT-PCR method in peripheral blood mononuclear cells from 40 severe OSA patients, and 20 matched subjects with primary snoring (PS). Human monocytic THP-1 cell lines were induced to undergo apoptosis with IHR exposures, and transfected with miR-21-5p mimic.

Results: Gene expression levels of miR-21-5p (adjusted $p=0.024$) and miR-23a-3p (adjusted $p=0.028$) were decreased in treatment-naïve OSA patients as compared with that in PS subjects, while TNF- α gene expression (adjusted $p=0.04$) was increased. Gene expression levels of both miR-21-5p, and miR-23-3p were negatively correlated with apnea hypopnea index ($r=-0.478$, $p<0.001$; $r=-0.446$, $p=0.001$) and oxygen desaturation index ($r=-0.45$, $p=0.001$; $r=-0.421$, $p=0.001$), while TNF- α gene expression positively correlated with apnea hypopnea index ($r=0.388$, $p=0.003$). Both miR-21 5p and miR-23-3p gene expressions were negatively correlated with their predicted target gene expressions, including TLR4, TLR6, TNF- α , NFAT5, ELF2, SP1, PDCD4, and HIF-2 α . In vitro IHR treatment resulted in increased apoptosis and decreased cell viability along with decreased miR-21-5p, miR-23-3p, and miR-155-5p gene expressions, but increased miR-146a-5p (all p values <0.05). The percentage of cytotoxicity and gene expressions of TNF- α , ELF2, NFAT5, HIF-2 α , IL6, IL6R, EDNRB, and TLR4 were increased with IHR as compared with that in normoxic condition, while decreased with miR-21-5p mimic transfection under IHR condition as compared with that in IHR alone condition.

Conclusions: MiR-21-5p and miR-23-3p were down-regulated both in severe OSA patients and with in vitro IHR stimuli, while several predicted pro-inflammatory target genes were up-regulated. The findings provide biological insight into mechanisms by which IHR- suppressed miRs protect cell apoptosis via inhibit inflammation, and indicate that over-expression of the miR-21-5p may be a new therapy for OSA.

中文題目：阻塞性睡眠呼吸中止症異常的第 21 和 23a 型微小核糖核酸表現會經由抑制促進發炎基因來降低細胞凋亡

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